

Below is a list of Christian counselors that GCCC has referred people to in the past. We encourage you to check out websites, arrange for a phone consultation (usually free), and schedule an appointment. Sometimes it takes a few sessions to gauge whether a counselor is a good person for you. We recommend going with the counselor you feel most comfortable with, who has availability that works with your schedule, and who is most accessible to your home/work in order to have consistent, regular appointments. There is no one-size-fits all model. You may also consider if your insurance covers counseling. If not, Flexible Spending Account funds can be used to reimburse for services. The GCCC Benevolence Fund can also provide assistance on a case-by-case basis, pending availability of funds.

Note: We'll do our best to update this page, but sometimes contact information/websites change. If you have questions, please email [deacon.board@greatcommissioncc.org](mailto:deacon.board@greatcommissioncc.org) If you have any feedback on particular counselors, or have a counselor to recommend, please feel free to email us!

**1. Michael Kachura, LPC, LMFT** (offices in Fairfax & Alexandria)

[www.kachura.com](http://www.kachura.com)

[mjkachura@kachura.com](mailto:mjkachura@kachura.com)

[\(703\) 629-2306](tel:(703)629-2306)

Fee: Self-pay/Out-of-Pocket

**2. McLean Bible Church Counseling Center** (Tysons Campus)

[www.mcleanbible.org/pages/page.asp?page\\_id=82564](http://www.mcleanbible.org/pages/page.asp?page_id=82564)

[counseling@mcleanbible.org](mailto:counseling@mcleanbible.org)

[\(703\) 770-8670](tel:(703)770-8670)

Fee: Self-Pay/Out-of-Pocket (They do participate with most Blue Cross/Blue Shield PPO policies only)

**3. Jim Badorrek, M.A.** (based in DC)

Grace DC Presbyterian Church's Counseling Center

<http://www.gracedc.net/get-care/counseling/>

[jim@gracedc.net](mailto:jim@gracedc.net)

[\(202\) 630-9355](tel:(202)630-9355)

**4. Isabel Park, M.A.** (McLean, VA)

<http://www.healinggrace.org/>

[healinggrace@gmail.com](mailto:healinggrace@gmail.com)

InNetwork with BlueCross BlueShield, Anthem, CareFirst, Cigna

**5. Curt Thompson MD & Associates** (located in Falls Church)

<http://www.curtthompsonassociates.com/>

**6. Jackie Griffith, PhD** (based in DC)

Grace DC Presbyterian Church's Counseling Center

<http://www.gracedc.net/get-care/counseling/>

[email\\_jackie@gracedc.net](mailto:email_jackie@gracedc.net)

[703.408.5584](tel:703.408.5584)

Fee: Self-Pay/Out-of-Pocket

**7. Life Christian Counseling Network** (locations throughout DMV area)

[www.lifechristiancounseling.com/counselors.htm](http://www.lifechristiancounseling.com/counselors.htm)

**8. Meier Clinics located in Rockville, MD** (specialize in addiction)

<http://www.meierclinics.com/Maryland>

**9. Heart Song Counseling** (locations throughout DMV area)

<http://www.heartsongcounseling.org/>

Here's list of their counselors: <http://www.heartsongcounseling.org/counseling/counselors.html>

**10. Metanoia Child and Family Counseling**, Great Falls, VA

Laurie Mowry-Hesler

Marriage and Family Therapist & Art Therapist

[703.901.9721](tel:703.901.9721)

[LMH59@yahoo.com](mailto:LMH59@yahoo.com)

Takes the following insurance: BC/BS, Aetna, United Healthcare, and Tricare